

# Read Catherine "Cathy" Lynn Currell's Obituary & Leave Condolences

The Obituary of Catherine Lynn Currell

(May 10, 1955 – January 14, 2025)

It is with great sadness we announce the passing of Catherine Lynn Currell, on Tuesday, January 14, 2025, at the age of 69, in Halifax, Nova Scotia. Catherine was born on May 10, 1955.

Cathy was a mother, grandmother, wife, sister, daughter, and cousin to her most cherished family. She is survived by her daughter Sarah O'Connor (Michael O'Connor). Her son, Sean Currell (Heather Romkey). Her grandchildren, Sadie O'Connor, and Mila O'Connor. Her father Len Sculthorp and stepmother Midge Sculthorp. Her brother, Darren Sculthorp. Her cousins, Anita McDonald and Michelle Ashford. Her daughter, Tracy Feggi, and granddaughter, Jaime Feggi. And of course, her dog, Molly, who brought great joy into her life, each and every day.

She was predeceased by her husband, Michael Currell, her mother, Eileen Sculthorp, and her sister, Linda Sculthorp.

Cathy was a family woman. She took great joy in taking care of her grandchildren, Sadie and Mila. She would always encourage their growth and be right there to support them through life. She watched Sadie learn how to dance, all the while watching Mila take her first steps. There was a special place in her heart for her grandchildren. Her face would light up whenever they came through the door. Although, you would never know if it was lighting up because of her grandchildren, or because of her daughter, Sarah, who created her own family, which Cathy was so proud of.

Her eyes would also light up anytime Sean came back from a work trip, or a weekend getaway. She would often cherish her time for peace and quiet, but count down the seconds until he got back home, with his latest update from out on the road.

Cathy dedicated her life to helping people. She spent 25 years supporting her community at Dalhousie Legal Aid, where she would help support her legal aid coworkers in their fight for justice. She then went on to work at Dalhousie Neuroscience and Biology as well as Dalhousie Anatomy, where she seamlessly helped faculty and students alike achieve their goals. She wasn't a doctor or scientist, but she knew that their ultimate goal was to help others, and would go the extra mile to make sure those goals were achieved. Even after retirement, she would often hop back on the line to help her coworkers any ways she could. Due to her dedication to helping others at work, in 2008 she was awarded the Rosemary Gill Award, the highest award given to the administration field by Dalhousie University.

Cathy also loved travelling, and was on a quest to become the most travelled retiree in known history. She would fly (or sail) South with her friend Sherry Julian, and family, whenever it got too cold in her Cole Harbour home. Or she would pop down to Las Vegas with her friend Margie Hodgins-Fotiou, when she was feeling adventurous. She even travelled to far off destinations like China, and Italy, with her friends, including Melinda Shaw (and company). She would always come back home with a story to tell, and an embarrassing moment to share. Cathy enjoyed every moment of travel, and it gave her a profound ability to recognize the best in others.

Cathy was adamant that no one should get together and be sad that she has left us, but wanted everyone to cherish the moments that we all had with her. With that in mind, there will be no immediate funeral, but there will be a celebration of life, after we've all spent our own time grieving. The celebration of life will be sorted out in the late spring/early summer, to give folks a chance to plan a visit to her home in Cole Harbour, Nova Scotia.

In lieu of flowers or gifts, please consider donating to the charity of your choice. Cathy often donated to Diabetes Canada, but would have donated to every charity, if she could.